

Career exploration recap

Ampersand



INTP

Introversion

Intuition

Thinking

Perceiving



Careers to explore

Industrial/organizational Psychology

Reporter

Economist

Child Psychologist

A close-up photograph of a black butterfly with white and yellow markings on its wings, perched on a rock. The butterfly is the central focus, with its wings spread. The background is a blurred natural setting.

Specific interests

Social sciences

Teaching and education

Performing arts

Counseling and helping

Religion and spirituality

A close-up, slightly blurred photograph of a woman with dark hair and glasses, wearing a white ribbed sweater. She is sitting and writing in a notebook with a silver pen. The background is a plain, light-colored wall. The text is overlaid in the center of the image.

As an INTP I needed to *explore* a variety of *options* in order to make a decision.




Grit & Growth

Grit Score: 2.6
Growth Score: 80

Real world experience

Three small, green, succulent-like plants in white, cylindrical pots are arranged in a row on a light-colored surface. The background is a plain, light-colored wall.

I now view professionals more approachable
as well as accessible.

An open notebook with lined pages is lying flat on a light-colored surface. A silver pen is resting on the right page. The notebook has a dark cover.

Strengths

- Seeing the bigger picture
- Communicating ideas and persuading others through writing
- Conducting research to discover or evaluate new approaches

Passions

- Help, nurture, and care for others.
- Expressing creativity by doing art yourself or by appreciating the creativity of others.
 - Lead and influence others.

Synergies

- Lead brainstorming sessions
- Solve problems creatively
 - Tackle long projects



Reflections



A woman with long, wavy brown hair is seen from behind, sitting at a desk. She is looking towards a window that shows a blurred green plant. A laptop is open on the desk in front of her. The scene is brightly lit, suggesting an office or classroom environment.

What skills did you use or develop that you think you will use again in a future job?

Skills

- Adapting my writing *style* according to the brand
 - Sprout social
- Event entries for publications, attention to detail
 - Manage time to meet deadlines
 - Adapt to a variety of managers
 - Speak through *experience*

What did you learn about yourself over the course of your internships?

A key learning of mine was noticing and understanding my resistance towards using my network and connections to aid in my success.



How did these internships change your outlook on your career path?

Being able to work in a social media position throughout my internships has sparked my interest in other areas of this field.



Portfolio

<https://yormeli1997.wixsite.com/mysite-3>



A low-angle, close-up shot of a person's legs and feet walking on a sidewalk. The person is wearing dark pants and white sneakers. The sidewalk is composed of various materials: a central strip of grey tiles with a wavy, textured pattern, a strip of light-colored rectangular tiles with raised bumps (tactile paving) on the right, and a large, dark grey square tile with a faint, embossed geometric pattern in the foreground. The lighting is warm and directional, casting long shadows. The text "Next steps" is overlaid in a bright yellow, sans-serif font across the middle of the image.

Next steps



Informational interviews with Frankie Ortega from discovery green,
Jessie Li client Relations Specialist from Wefluens

Focus on analytics training, Hoot suite's Academy and Google
analytics certification.

Prospective internships as a Social media intern with Wefluens, Kprc,
Black Sheep Agency.

A white Apple laptop is open on a dark desk. To its left is an open book with aged pages. To its right is a smartphone and a pen. In the background, a dark wooden chair is visible. To the left, a white shelf holds various kitchen items, including a wooden cutting board, a white ceramic vase, and a small white bottle. The wall behind the desk is a light, textured grey.

Thank you Ampersand!